Half distance - Run route
21 km (4 rounds of 5,25 km each)

mapla
neuSeen MAN

4 km

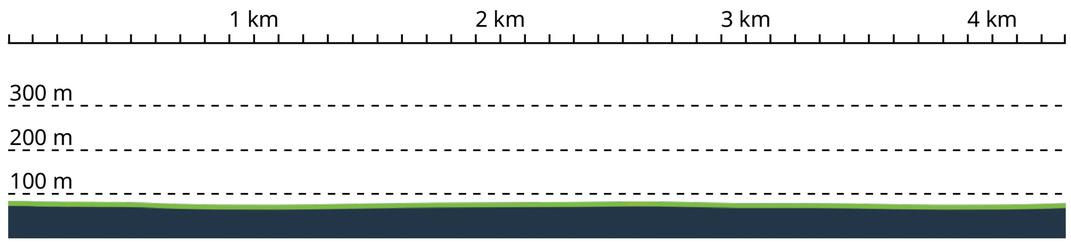
transition zone

1 km

2 km

3 km

FERROPOLIS

Gremminer See

Höhenprofil: 20 Höhenmeter